



CHUGHTAI
HOMECARE 24/7

**HOMECARE
REIMAGINED**





INTRODUCING CHUGHTAI HOMECARE 24/7

Chughtai Lab has built a reputation for high quality patient care since 1983. Led by Prof. S Chughtai, the lab operates one of the largest networks of pathology lab and collection centers in the country. Having built a legacy of trust, and a team that consistently delivers on the promise of quality, Chughtai Lab has now started a series of new initiatives in healthcare. These initiatives are aimed at filling gaps in patient care, by providing services that either don't exist currently, or are not delivered with consistent quality. Chughtai Homecare 24/7 is one such initiative, whose aim is to deliver high quality healthcare services at home.

The Chughtai Homecare 24/7 team consists of properly qualified and trained nursing staff, supervised by doctors and a UK trained care coordinator. The team is dedicated to delivering medical care at home for a variety of patients; be it someone who needs post-op assistance, or someone who is critically ill and ventilator dependent.

Call us today for a free initial consultation and a needs assessment. Our care coordinator will meet with you, carry out a detailed assessment of the patient's condition, and draft a care plan based on the individual needs of the patient.

LEVELS OF SERVICE

Chughtai Homecare 24/7 delivers care at various levels of service, based on the individual needs of the patient.

1. ICU Level Care

Chughtai Homecare 24/7 provides trained and experienced nursing staff to care for patients who require ICU level care at home. We design a homecare plan according to each patient's individual needs, and the instructions of the patient's doctor.

2. Life Assistance Care

Chughtai Homecare 24/7 provides care designed to meet the needs of the elderly or disabled. The care plan is primarily focused on assistance with Activities of Daily Living (ADLs), such as eating, bathing, toileting, dressing, and walking. Care is typically delivered by a nursing assistant. Such care can significantly enhance the quality of life of the patient.

3. Sehat Services

Chughtai Homecare 24/7 is now offering hospital quality health care services in the comfort of your own home. Services will be delivered by qualified and trained staff, under the supervision of our Head of Homecare.



ICU LEVEL CARE

ICU LEVEL CARE



Critical Care

There are times when a patient requires critical care for an extended period of time. In such cases, often, the family wishes to have the patient at home, rather than be in the hospital for several months. For these patients, our team can set up a complete ICU level room at home, including a ventilator if required. Care is delivered by certified nursing staff, under the supervision of our doctor, and in coordination with the patient's own doctors.

Palliative Care

Some of our patients are critically ill and require comfort measures only. Such situations are truly difficult for the patient and the family. While we don't have the cure for illness, we do have the ability to make such difficult times a little bit easier. Our staff is there to make sure the patient receives proper medical care as instructed by the patient's doctor, including comfort care and pain management. This enables the patient and the family to focus on the emotional and spiritual aspects, rather than having to worry about the medical needs.

LIFE ASSISTANCE CARE

Post Operation Care

Chughtai Lab home nursing care helps to prevent post-operative complications and infections with the support of our medical staff who have post-surgery nursing experience and training. We ensure the rapid recovery of patients in the comfort of their own homes.

Elderly Care

Chughtai Lab offers senior/elder care services that are designed to assist the elderly in living healthy and enriched lives. Our care includes not just medical services but also assistance with activities of daily living (ADLs) such as eating, bathing, dressing, toileting, walking, social interaction at home and communicating with family and loved ones. Performing such Activities of Daily Living enhances the wellbeing and quality of life of the elderly.

Disabled Care

Chughtai Homecare provide professional caregivers who can blend in with your family, while providing companionship, personal care and support to adults with disabilities.

SEHAT SERVICES

Chughtai Lab Sehat Services are designed to provide minor medical services in the comfort of your own home. All of these services can be availed by contacting us at 03-111-456-789.

Home Sample Collection

We offer home sample collection for lab tests in all major cities of Pakistan. There are no additional charges for this service.

X-ray at Home

We offer portable X-ray services at home. This is ideal for patients who are bed bound and require an X-ray to rule out pneumonia, or follow up X-ray studies for fracture patients.

Physical Therapy at Home

Physical therapy can make a big difference for patients affected by injury or disability. Through movement and repeated exercise, gradual improvement in function and recovery of muscle strength can be achieved. Our physical therapists conduct therapy sessions at the patient's home. These sessions are typically 2-3 times a week, depending on the patient's care schedule.

Injections/Infusions at Home



Injections, infusions and vaccines can be administered at home. A valid doctor prescription is required for all injections/infusions. The medicine to be administered can be arranged through Chughtai Pharmacy.

Dressings at Home

Patients who have severe wounds need dressings to be changed every 1-2 days. Utilizing our services, dressings can be changed at home.

Ambulance Service

The Chughtai Homecare Ambulance Service is equipped to deliver ICU level care during patient transport. This enables us to transfer patients safely, while providing comfort and peace of

mind to the family.

Our ambulances are ideal for non-emergency patient transfers from:

- Home to hospital
- Hospital to home
- One hospital to another hospital
- One city to another city



AIR AMBULANCE SERVICE COORDINATION

Air Ambulance Service Coordination

There are times when the level of medical care needed is not available locally. In such situations, we can coordinate with international air ambulance services and make a safe patient transfer plan in coordination with the international receiving hospital, the air ambulance service, and the patient's family. We take care of all of the documentation requirements, and hand over the patient to the air ambulance service at the airport.

CHUGHTAI LAB

Chughtai Lab is one of the leading pathology labs in Pakistan. The lab was founded by Dr. A S Chughtai in 1983 as Lahore Lab. Over a period of 36 years, the Lab has grown to a nationwide network of 7 testing locations and more than 180 collection centers in more than 50 cities.

Chughtai Lab has always focused on quality in order to earn the trust of patients and doctors. The Lab uses only the latest automated and integrated instruments from manufacturers of international repute. The Lab is staffed by 30 pathologists and more than 108 BSc/MSc/MPhil lab technologists. Chughtai Lab is ISO 15189 certified, and also participates in the College of American Pathologists external Quality Assurance program.

CHUGHTAI MEDICAL CENTER

Chughtai Medical Centers (CMCs) are an integrated solution to the healthcare needs of our patients. The medical centers offer clinic visits, lab tests, radiology tests and pharmacy services, all under one roof.

At the moment, the following medical centers are operational:

- CMC Jail Road, Lahore
- CMC Lalak Jan Chowk, DHA, Lahore
- CMC DD Block, Phase 4, DHA, Lahore
- CMC Shalamar Road, Lahore
- CMC Johar Town, Lahore
- CMC Awaisia Colony, Lahore
- CMC Saleemi Chowk, Faisalabad
- CMC Nishtar Road, Multan

CHUGHTAI PHARMACY

Chughtai Pharmacy aims to bring quality services and healthcare products to its valued customers.

We provide you with medicines either in a welcoming environment at our pharmacy or we can have them delivered directly to your doorstep. We have licensed pharmacists and highly trained pharmacy technicians to manage your prescriptions and provide guidance to improve your quality of life.



FREE HOME SAMPLE COLLECTION SERVICE



MESSAGE FROM THE CHAIRMAN

Chughtai Lab is a name that inspires confidence in patients and doctors around the country. We are trusted to provide health services of the highest standard and work hard to deliver exceptional services that meet these high expectations. We use the latest technologies, coupled with highly trained medical professionals, to provide medical, pharmaceutical and pathology lab services accurately, efficiently, at affordable cost and with the greatest level of convenience.

To further our mission of delivering medical services, we are delighted to announce the launch of our 24/7 Homecare Service. You can avail this service for easy access to highly qualified medical staff including nurses, physiotherapists and other caregivers, in your own home. Our goal is to make life easier for you and your family and to help relieve the immense pressure of caregiving placed on you.

Prof. Dr. A S Chughtai



MESSAGE FROM THE HEAD OF DEPARTMENT

A feeling of helplessness washes over us when we see our loved ones in pain. We feel powerless, vulnerable and insecure when faced with the daunting task of looking after a sick family member. We question how we can provide the best possible care in the best possible way.

At Chughtai Lab, we understand the mental and emotional agony families suffer when looking after a beloved family member who is suffering from the ravages of illness. We want to alleviate the pressure and stress that patients and their families have to endure.

Our aim is to provide healthcare of the highest quality, through skilled medical staff, in your place of residence, proficiently, professionally and empathetically. We offer a variety of homecare services for the sick and the elderly.

Chughtai Lab is pleased to partner with you in providing the experienced, practical medical help needed to relieve the pain of your cherished loved one. Each of the homecare services we provide can be individually tailored to meet your family's specific requirements. Our highly trained and qualified healthcare professionals provide comfort, compassion and convenience for you and your family in these trying times.



Orda Suleman

ONLY A CALL AWAY 24/7

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03 - 111 456 789



CHUGHTAI
HOMECARE 24/7

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